

Resources on Trauma and Theology

Websites

- **Navigating Trauma:** Bible based help for wounded hearts.

Bible Society

<https://www.biblesociety.org.uk/about-us/our-work/england-and-wales/navigating-trauma/?fbclid=IwAR1Te5TNDJLFQCsVORdpKzVB6gzkiNPVJEzPtN5EHuu5cvVxfsB1bM2tSAI>

- **Trauma Resources**

Trauma Healing Basics

Website – <https://www.traumahealingbasics.org/>

<https://www.traumahealingbasics.org/resources>

- **Your Church and Trauma Healing**

Trauma Healing Institute

Website – <https://traumahealinginstitute.org/>

<https://cloud.squidex.io/api/assets/thi-beacon/62c4d435-feac-4cca-8710-5ea81d61da43/>

Documentaries & Videos

- **Trauma Healing Institute Videos**

Webpage - <https://traumahealinginstitute.org/videos>

YouTube channel – <https://www.youtube.com/channel/UCwGnnSmaae5JDEIX72BfdcA>

- **Unchained: Generational Trauma and Healing**

Trauma Healing Institute

Webpage - <https://traumahealinginstitute.org/videos>

YouTube link - <https://youtu.be/jhnN65x53L0>

Discussion Guide - https://1s712.americanbible.org/abs-disaster-relief/s3fs-public/Unchained_2020.pdf

- **Complex Trauma: Understanding and Treatment**

Diane Langberg / Forum of Christian Leaders

YouTube link - <https://www.youtube.com/watch?v=otxAuHG9hKo>

Books

- **Shame Interrupted: How God Lifts the Pain of Worthlessness and Rejection**

Edward Welch

https://books.google.co.za/books/about/Shame_Interrupted.html?id=wuOtuAAACAAJ&source=kp_book_description&redir_esc=y

- **Tackling Trauma: Global, Biblical, and Pastoral Perspectives**

Paul Barker

<https://langhamliterature.org/tackling-trauma?fbclid=IwAR3Jmg0zrM6idL4p6rMDcTmtUg5ODhUB4xJDHbQt-i9kSNStEC0TLBBSv8>

- **The Book of Job and the Mission of God: A Missional Reading**

Tim Davy

https://books.google.co.za/books/about/The_Book_of_Job_and_the_Mission_of_God.html?id=T-UGEAAAQBAJ&source=kp_book_description&redir_esc=y

- **Jeremiah: Pain and Promise**

Kathleen O'Connor

https://books.google.co.za/books/about/Jeremiah.html?id=Y8L0vgq0A-4C&source=kp_book_description&redir_esc=y

- **Suffering and the Heart of God: How Trauma Destroys and Christ Restores**

Diane Langberg

https://books.google.co.za/books/about/Suffering_and_the_Heart_of_God.html?id=TZcqEAAAQBAJ&source=kp_book_description&redir_esc=y

- **The Gift Nobody Wants**

Paul Brand, Philip Yancey

https://books.google.co.za/books/about/The_Gift_Nobody_Wants.html?id=WkulweKZeFAC&redir_esc=y

- **Trauma and Resilience, A Handbook**

Charles Schaefer

https://books.google.co.za/books/about/Trauma_and_Resilience_A_Handbook.html?id=oy_ojwEACAAJ&redir_esc=y

Resources on Trauma and Race

Websites

- **Resources on race, justice, culture and diversity**

Wycliffe UK

<https://www.wycliffe.org.uk/stories/resources-on-race-justice-culture-and-diversity>

Documentaries & Videos

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Trauma Healing Institute

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Books

- **We Need To Talk About Race: Understanding the Black Experience in White Majority Churches**

Ben Lindsay

https://books.google.co.za/books/about/We_Need_To_Talk_About_Race.html?id=oXdvzgEACAAJ&source=kp_book_description&redir_esc=y

- **Faithful Antiracism: Moving Past Talk to Systemic Change**

Christina Edmondson, Chad Brennan

https://books.google.co.za/books/about/Faithful_Antiracism.html?id=T104EAAAQBAJ&source=kp_book_description&redir_esc=y

- **Healing Racial Trauma: The Road to Resilience**

Sheila Rowe

https://books.google.co.za/books/about/Healing_Racial_Trauma.html?id=c-2gDwAAQBAJ&source=kp_book_description&redir_esc=y

- **Faith, Race and Inequality amongst Young Adults in South Africa**

Nadine du Toit

https://books.google.co.za/books/about/Faith_Race_and_Inequality_amongst_Young.html?id=vm55EAAAQBAJ&redir_esc=y